

Milkweed of Utah

18 species recorded. USDA zones 4a-9a. Monarch flyway: western. Sow seed outdoors September to November, before the ground freezes.



Swamp Milkweed. Superior National Forest. CC BY 2.0. Wikimed

Native species

- ☐ **Swamp Milkweed**
Asclepias incarnata - 3ft-5ft - pink, rose, white - June to September - Wet/Average soil
- ☐ **Butterfly Weed**
Asclepias tuberosa - 1ft-3ft - orange, yellow, red - May to September - Dry/Average soil
- ☐ **Showy Milkweed**
Asclepias speciosa - 2ft-5ft - pink, rose - May to August - Average/Dry soil
- ☐ **Narrowleaf Milkweed**
Asclepias fascicularis - 2ft-4ft - white, pink, green - May to September - Dry/Average soil
- ☐ **Antelope Horns**
Asclepias asperula - 1ft-2ft - green, cream, maroon - March to July - Dry soil
- ☐ **Rush Milkweed**
Asclepias subulata - 2ft-6ft - cream, white - nearly year-round in frost-free areas - Dry soil
- ☐ **Hall's Milkweed**
Asclepias hallii - 1.5ft-3ft - pink, mauve - June to August - Dry soil
- ☐ **Desert Milkweed**
Asclepias erosa - 2ft-5ft - cream, yellow - April to September - Dry soil
- ☐ **Green Comet Milkweed**
Asclepias viridiflora - 1ft-3ft - green - May to August - Dry soil
- ☐ **Broadleaf Milkweed**
Asclepias latifolia - 1ft-3ft - green, cream - May to August - Dry soil
- ☐ **Sand Milkweed**
Asclepias arenaria - 1ft-2.5ft - cream, green - June to August - Dry soil
- ☐ **Poison Milkweed**
Asclepias subverticillata - 1ft-3ft - white, green - June to September - Dry soil
- ☐ **Pallid Milkweed**
Asclepias cryptoceras - 4in-1ft - cream, pink - April to June - Dry soil
- ☐ **Mojave Milkweed**
Asclepias nyctaginifolia - 6in-1.5ft - green, cream - April to June - Dry soil
- ☐ **Dwarf Milkweed**
Asclepias involucrata - 4in-10in - green, cream - April to June - Dry soil
- ☐ **Welsh's Milkweed (rare / protected)**
Asclepias welshii - 1.5ft-4ft - cream, pink - May to July - Dry soil
- ☐ **Ruth's Milkweed**
Asclepias ruthiae - 4in-1ft - pink, cream - April to June - Dry soil

☐ **Wheel Milkweed (rare / protected)**

Asclepias uncialis - 2in-6in - maroon, green - April to June - Dry soil

Notes

Full species accounts, range maps and photographs: <https://milkweedusa.com/states/utah/>